

## RECREATIONAL CLASS TIMETABLE

<b>Term Two:</b>	Saturday 13 <sup>th</sup> July – Saturday 7 <sup>th</sup> September
<b>Duration:</b>	7 weeks (Sat 3 <sup>rd</sup> August / Sat 24 <sup>th</sup> Aug – no classes)
<b>Venue:</b>	Adrenalin Cheer & Dance, 8 McCulloch Street, North Mackay
<b>Wear:</b>	Anything you feel comfortable and can move freely in, joggers, hair tied back, no jewelry.
<b>Bring:</b>	A water bottle, sweat towel if you like and a great attitude!
<b>How:</b>	Our classes are drop off & pick up, kids have an airconditioned waiting room to sit in between classes if attending multiple (split) sessions.
<b>Parking:</b>	Do not park in front of <b>Tyres 2 U</b> or <b>Filtawash</b> as they have trucks loading on Saturdays.

### SATURDAY MORNINGS

#### Club Registration:

Is invoiced on registration and due prior to training at the club each year. It is a one-off payment to participate in classes (also covers athlete insurance). 2024 club registration fee is \$110 per student for the year. Term fee invoices will be emailed for payment prior to commencement of classes in Term 3.

#### FairPlay vouchers:

Our club accepts FairPlay vouchers, please advise if wanting to use a voucher and send a copy to [adrenalincheer@bigpond.com](mailto:adrenalincheer@bigpond.com) for processing. Funds will be paid against student account once cleared.

<b>Classes on offer:</b>	<b>Time</b>	<b>Cost</b>	
<b>Cheerleading Class 1:</b> <i>Stunting, cheer jumps, dance &amp; motions, gymnastics drills – all the best stuff in cheer that we use in our sport! Perfect for beginners with no experience to intermediate students.</i>	<b>8.00 – 8.45am</b>	<b>\$105/Term</b>	
<b>Tiny Cheerleading Class:</b> <i>Stunting, cheer jumps, dance &amp; motions and basic gymnastics drills specific for younger learners.</i>	<b>8.45 – 9.15am</b>	<b>\$77/Term</b>	<b>(Ages 4-6yrs only)</b>
<b>Walkovers Skill Class:</b> <i>Skill specific class for development of strength and flexibility to learn forward &amp; backward walkovers.</i>	<b>8.45 – 9.15am</b>	<b>\$77/Term</b>	
<b>Cheerleading Class 2:</b> <i>Stunting, cheer jumps, dance &amp; motions, gymnastics drills – all the best stuff in cheer that we use in our sport! Perfect for beginners with no experience to intermediate students.</i>	<b>9.15 – 10am</b>	<b>\$105/Term</b>	<b>(All ages over 6)</b>
<b>Beginner Tumbling Class:</b> <i>Strength/flexibility work, drills and skill progressions from forward rolls to walkovers. Entry level class for students who have never tumbled before or only self-taught at home.</i>	<b>10 – 10.45am</b>	<b>\$105/Term</b>	<b>(All ages over 5)</b>